

**CONTACT & GENERAL INFORMATION**

Name Chris Trailer

Relevant degree(s) M.S. Counseling (1985 SFSU)

Occupation Marriage Family Therapist (in private practice)

Number of years as a CAMFT Member 30 years

**EDUCATION & LICENSE INFORMATION**

List all licenses which you hold and the date each license was issued. (Note: You are considered to be licensed if you hold an active, inactive, delinquent or retired license.)

License: LMFT MK24169

Date Issued: 3/15/1988

License:

Date Issued:

License:

Date Issued:

From what school did you graduate that qualified you for each license?

San Francisco State University, San Francisco, CA

**DISCLOSURE OF ADVERSE ACTION**

Are you a party to any litigation, or are you or have you been involved in any other legal proceeding that may adversely affect the Association or the profession, should you be elected to serve on the Board?

Yes  No

If yes, please explain on a separate page.

Has any licensing board, regulatory body, or ethics/peer review committee of a professional association ever taken any disciplinary action against you or a license/registration/certification held by you?

Yes  No

If yes and action was taken by a licensing board or regulatory body or an ethics/peer review committee of a professional association OTHER THAN CAMFT, please attach a detailed explanation.

If yes and the matter involves an action taken by the CAMFT Ethics Committee, please indicate below and provide your consent, below, acknowledging that your application will be forwarded to the CAMFT Ethics Committee to provide a recommendation regarding your application. In providing its recommendation, the Ethics Committee would not divulge information regarding the nature of your case.

\_\_\_\_ I consent to my application being forwarded to the CAMFT Ethics Committee to provide a recommendation.

### **BOARD POSITION**

Position for which you wish to run:

- President-Elect
- Secretary
- Clinical Board Director-at-Large (Elected by Clinical Membership)
- Pre-Licensed Board Director-at-Large (Elected by Pre-Licensed Membership)

### **BACKGROUND & EXPERIENCE**

Describe your past and current activities within CAMFT or CAMFT Chapter.

I was elected to the CAMFT State Board in March of 2013 as Director at Large. After having served that 2-year term, I ran again in 2015 and was re-elected to the Board as Chief Financial Officer.

As part of my duties as CFO, I currently serve on the Finance Committee, the Executive Committee, the Pre-Licensed Committee and the Educational Foundation Committee.

I served for 3 years on the CREC committee and a couple of task force as well.

I am also a member of the San Francisco Chapter of CAMFT and have served as a mentor for interns.

Complete answers attached.

Describe any community activities you have or are involved in, including the offices held.

I am the In-House Therapist for F.D. Homes, Inc., a level-10 foster care facility in San Francisco for girls age 15-19 years of age.

I am also a clinical provider for the Victim/Witness program of San Mateo County and have been for 14 years (2001-Present).

Since 1998, I have been a Health Education Instructor for Kaiser Permanente (Redwood City, CA) teaching "Couples' Communication" and "Anger Management".

For the past 26 years, I have also been a Clinical Group Supervisor for the USF Center for Child & Family Development since 1989; and a member of the Oxford Symposium

List the special interest(s) in your clinical practice or internship.

In addition to the customary work with individuals, couples and families, I have an interest in crisis intervention and provided psychotherapeutic services to 19 different families during the aftermath of the San Bruno Pipeline Explosion and Fire (September 2010).

I offer counseling services on a sliding scale in order to provide treatment to disadvantaged clients in my community who might not otherwise be able to obtain therapeutic services.

Describe your education, training and/or experience which has qualified you for MFT licensure:

I received my Master of Science degree from San Francisco State University in the fall of 1985 (graduating *Magnum Cum Laude* 3.85GPA) and was licensed by the BBS on March 15, 1988). My internships included work at a residential group home in Palo Alto under the auspices of the Miramonte Mental Health Agency; and Family Service Agency in Palo Alto. Upon graduating in the fall of 1985, I began my career working at St. Robert's Catholic Church (June 1985-July 1, 1991 San Bruno) under the supervision of Ms. Jessica Batha, LMFT (San Francisco) from 1985 until 1988).

Prior to the clinical experience (above), I was a catechism teacher for 6 years (1969-1974 St. Robert's Catholic Church); a Little League coach (1969-1972); a Big

What are the reasons you would like to serve as a member of the Board of Directors of CAMFT?

At a time of great dissension, I was elected in 2013 as part of a petitioned slate which included Patricia Ravitz (current Board president) and Bob Casanove (current Board president-elect).

We ran on a platform that included TRANSPARENCY, STRONG FISCAL ACCOUNTABILITY, COLLOBORATIVE LEADERSHIP and RESTORING CAMFT's MISSION TO ADVOCATING FOR AND PROMOTING LMFT's; and we remained true to those concept.

I am running for president-elect behind my former running mates not only to further ensure those original campaign promises continue into the future, but also to maintain the level of harmony and collaboration throughout the CAMFT community.

What strengths do you have in your background and/or experience that are relevant to your candidacy?

For openers, I am a seasoned LMFT and bring 30+ years of clinical experience and historical perspective of CAMFT to the Board. I also have an interesting blend of life-experiences that few of my LMFT colleagues have; that is, I bring a brand of leadership that incorporates both corporate and military experiences; I know how to work independently and as a team; I can both give and take orders. Coming into this election cycle, I now bring 3 years of Board experience, 2 as a Director at Large and an additional year as Chief Financial Officer. In my 3 years on the Board, I've learned to exchange and work with both those I agree

What aspect of being a Board member will help you meet your personal goals?

I've said a number of times previously that I am in the twilight of my professional career and my goals reflect that as I look to the future and legacy. In looking into the not so distant future, I seek to turn a viable CAMFT over to the next generation of LMFTs.

What CAMFT programs/activities interest you and why?

With the recent legislative success--on both a federal and state level--I've developed a greater interest in the Legislative Committee as well as the Political Action Committee; and after serving as CFO and working closely with Ron Hynum, I've become more invested in learning more about CAMFT's financial positioning and fiscal viability; this also ties in with the STRONG FISCAL ACCOUNTABILITY on which Patricia, Bob and I originally ran. I continue to have an interest in the CREC committee (as a former member) and admire the work of the Public Outreach Committee and all they are doing to promote LMFTs in California.

What new programs/activities would you like to see CAMFT embark upon? What do you think would make CAMFT more effective?

I believe, with the recently added committees, we have enough committees; what I believe we need now are programs designed to increase membership, participation (i.e., attending CAMFT-sponsored events and Board meeting, running for office, voting, etc.) and broadening the concept of leadership down to a grassroots level.

What aspects of the office you seek are most and least attractive to you?

The amount of work the office of Board president demands are as formidable as they are rewarding and I look forward to both. I have enjoyed working with Jill Epstein, Cathy Atkins, Ron Hynum and other key staff members as well as my fellow Board members.

If successful in being elected to president-elect--a 3-year commitment--I would look forward to learning from my presidential predecessors, mentoring my president-elect and then handing off my presidency to my successor.

I would also look forward to continuing to work closely with Staff (Administrative, Legal, &

What is your five year vision for CAMFT?

To increase membership by 20% and member participation by 30% (as seen by how many members vote and participate in state and local chapter events.

I want to see better recognition of the LMFT brand, not only by the public, but also by local, state and federal bodies with greater access of LMFTs to job opportunities as well as a greater financial parity with other mental health licenses.

What is your one year vision for CAMFT?

It depends on which "one year" you are referring to. In my year as president-elect, I would like to work with the president and the rest of the Board to maintain harmonic and collaborative relations throughout the entire Association.

As my year at president, I would like to expand membership and participation of those who are members primarily to be eligible for legal advice and cheap malpractice insurance; CAMFT can be so much more than that!

As past-president, I would hope to decompress and be an ambassador for the president and the executive director.

**CHRIS TRAILER**

*Application for 2017-2018 Board of Directors*

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For the past 26 years, I have also been a Clinical Group Supervisor for the USF Center for Child & Family Development since 1989; and a member of the Oxford Symposium for School-Based Family Therapy (Oxford, England) since 2004.

For the past 3 years I have also been a clinical member of the Jesuit Institute for Family Life (Los Altos, CA).

For the past 4 years, I have been a clinical member of the "Coming Home Project" (San Francisco) providing free psychotherapeutic services to service members upon their return to civilian life.

**Describe your education, training and/or experience which has qualified you for MFT licensure:**

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Prior to the clinical experience (above), I was a catechism teacher for 6 years (1968-1974 St. Robert's Catholic Church); a Little League coach (1968-1973); a Big Brother to 3 young boys (1968-1975); a reading mentor for Project Read (1981-1988 South San Francisco Library); a rape crisis advocate (1968-1976 San Mateo Women Against Rape); and years later (after licensure) was a member of the first Disaster Mental Health Team (1989-2004 American Red Cross, Burlingame Chapter).

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In my 3 years on the Board, I've learned to exchange and work with both those I agree with and even those I don't. I believe we are all doing the best we can to further the cause of LMFTs in California. I've also enjoyed and made good relationships with CAMFT Staff.

**What aspects of the office you seek are most and least attractive to you?**

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If successful in being elected to president-elect--a 3-year commitment--I would look forward to learning from my presidential predecessors, mentoring my president-elect and then handing off my presidency to my successor.

I would also look forward to continuing to work closely with Staff (Administrative, Legal and Clerical). What I've become accustomed to, but don't particularly like is the griping offered by those who "have all the answers", but don't step up to leadership positions.