

CONTACT & GENERAL INFORMATION

Name Laura C. Westmoreland

Relevant degree(s) MBA, Masters in Counseling Psych

Occupation Sr. Account Manager and MFT Registered Intern

Number of years as a CAMFT Member 4

EDUCATION & LICENSE INFORMATION

List all licenses which you hold and the date each license was issued. (Note: You are considered to be licensed if you hold an active, inactive, delinquent or retired license.)

License: CA Life Health Agent License - 0E76517

Date Issued: 4-15-2005

License:

Date Issued:

License:

Date Issued:

From what school did you graduate that qualified you for each license?

Marriage and Family Therapist, Registered Intern; graduated from Pacifica Graduate Institute, Santa Barbara - April, 2015

DISCLOSURE OF ADVERSE ACTION

Are you a party to any litigation, or are you or have you been involved in any other legal proceeding that may adversely affect the Association or the profession, should you be elected to serve on the Board?

Yes No

If yes, please explain on a separate page.

Has any licensing board, regulatory body, or ethics/peer review committee of a professional association ever taken any disciplinary action against you or a license/registration/certification held by you?

Yes No

If yes and action was taken by a licensing board or regulatory body or an ethics/peer review committee of a professional association OTHER THAN CAMFT, please attach a detailed explanation.

If yes and the matter involves an action taken by the CAMFT Ethics Committee, please indicate below and provide your consent, below, acknowledging that your application will be forwarded to the CAMFT Ethics Committee to provide a recommendation regarding your application. In providing its recommendation, the Ethics Committee would not divulge information regarding the nature of your case.

LCW
____ I consent to my application being forwarded to the CAMFT Ethics Committee to provide a recommendation.

BOARD POSITION

Position for which you wish to run:

- President-Elect
- Secretary
- Clinical Board Director-at-Large (Elected by Clinical Membership)
- Pre-Licensed Board Director-at-Large (Elected by Pre-Licensed Membership)

BACKGROUND & EXPERIENCE

Describe your past and current activities within CAMFT or CAMFT Chapter.

Appointed to the CAMFT Finance Committee; currently serving
2016 VP Membership SFV CAMFT; currently serving
2015 VP Membership SFV CAMFT
2014 Table Host Coordinator

Describe any community activities you have or are involved in, including the offices held.

Former Board Member Valley Federation of Eating Disorder Professionals; assisted in setting up non-profit corporation and preparing forms for tax-exempt status.

Former Board Member and participant Toastmasters for Mental Health Professionals

Currently serving as a volunteer intern with Family Service Agency of Burbank

List the special interest(s) in your clinical practice or internship.

-couples

-families

-eating disorders

-Joni Lavick's Universal Treatment Plan (grounded in somatic, attachment, and asset-based therapy)

Describe your education, training and/or experience which has qualified you for MFT licensure:

Marriage and Family Therapist, Registered Intern

-Masters in Counseling Psychology from Pacifica Graduate Institute

-Masters in Business Administration from Lindenwood University

-Bachelor of Science in Business Administration with minor in Psychology from University of Missouri, St. Louis

-Eating Disorders Certificate - Los Angeles Institute and Society of Psychoanalytic Studies

What are the reasons you would like to serve as a member of the Board of Directors of CAMFT?

I would like to serve as a member of the Board of Directors of CAMFT for the following reasons:

- To be of service to an organization that is a great resource to the marriage and family therapist community
- To bring more awareness to the benefits of joining CAMFT
- To represent pre-licensed members to the Board of Directors and other committees
- To advocate for the marriage and family therapist community

Complete answers attached.

What strengths do you have in your background and/or experience that are relevant to your candidacy?

I have over 15 years of experience in mental health and substance abuse group insurance and Employee Assistance Programs. I have also served in several board positions of different therapist organizations.

I treat colleagues with dignity and respect; even when I disagree with them. I believe it is important to have open lines of communication by which to share thoughts and ideas. The most far-fetched idea often times has merit.

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What aspect of being a Board member will help you meet your personal goals?

Participating on the Board of Directors would meet my personal goal of collaborating with colleagues to advocate for a common cause: the marriage and family therapist community. Collaborating with colleagues allows me to sharpen my analytical and decision making skills, while allowing me to consider other points of view.

What CAMFT programs/activities interest you and why?

The Legislative Updates are of interest to me due to my experience with ongoing healthcare legislation.

The BBS Updates are of interest since the BBS sets forth the guidelines for ethics, licensure, and continuing education.

I am also interested in acting as an ambassador for CAMFT to generate more member involvement, especially from the prelicensed community.

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What new programs/activities would you like to see CAMFT embark upon? What do you think would make CAMFT more effective?

I would like to explore the possibility of CAMFT beginning a school/university outreach program. I envision more information about the benefits of CAMFT membership being shared with students. Perhaps CAMFT could offer quarterly webinars to educate non-members on the benefits of a CAMFT membership and a demonstration of the CAMFT website.

What aspects of the office you seek are most and least attractive to you?

I am excited at the prospect serving the marriage and family therapist community. With an organization as large as CAMFT, there will always be members who do not agree with the direction of the leadership. While working through these issues with members is the least attractive aspect; I understand it is part of the job.

I look forward to representing the prelicensed community. I also look forward to educating the prelicensed community on the the activities of CAMFT as well as encouraging their involvement at State and Chapter levels. +

What is your five year vision for CAMFT?

I would maintain open lines of communication with the membership to ensure that I am representing their best interests.

My five year vision is to continue to uphold the mission, bylaws, and code of ethics. I recommend that continued review and revision, as necessary, of the Strategic Plan are undertaken. I would also continue to work on growing the membership.

I would also like investigate the possibility of automation at the Board of Behavioral Sciences (BBS). Perhaps a system where students can log their hours, supervisors +

What is your one year vision for CAMFT?

I would like to encourage transparency, open communications with the membership, and continued collaboration amongst Board members, Chapter leadership, and members.

LAURA WESTMORELAND

Application for 2017-2018 Board of Directors

What strengths do you have in your background and/or experience that are relevant to your candidacy?

I have over 15 years of experience in mental health and substance abuse group insurance and Employee Assistance Programs. I have also served in several board positions of different therapist organizations.

I treat colleagues with dignity and respect; even when I disagree with them. I believe it is important to have open lines of communication by which to share thoughts and ideas. The most far-fetched idea often times has merit.

I possess effective organizational skills, approach difficult situations with diplomacy, and am fairly analytical. I am well versed in Mental Health Parity and Addiction Equity Act, California Assembly Bill 88 (state parity), and the Affordable Care Act.

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I would also like investigate the possibility of automation at the Board of Behavioral Sciences (BBS). Perhaps a system where students can log their hours, supervisors can approve them, and the BBS can process them more quickly would be a viable option to the current system.